

30

Day:

SAVINGS CHALLENGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Define your savings goal	2 Pay with a gift card or reward points	3 Inventory your fridge, pantry	4 Cancel an unused membership	5 DIY your personal care	6 Talk to your family about saving	7 Meal plan
8 Try a free or cheap activity	9 Adjust the thermostat	10 DIY your household cleaners	11 Make your own greeting / birthday card	12 Sell an item in your home	13 Try Meatless Friday	14 Start a No Spend Challenge
15 Pay extra on a debt	16 List extra income ideas	17 Use your library card instead of buying	18 Lower one recurring bill	19 Start reading a financial book	20 Host on a budget	21 Use grocery pick up
22 Cook instead of eating out	23 Use up old food	24 Use a coupon or cash back app	25 Use cash only today	26 Review your paycheck withholdings	27 Pack your lunch today	28 Wait until tomorrow to buy
29 Evaluate your investments	30 Reflect on what worked & what didn't					